

DIVING COURSES

COST OF COURSES:

OPEN WATER DIVING COURSE		
(GEAR RENTAL OPTION)		
Cost	Included	Excluded
R2 500	<ul style="list-style-type: none"> • Three theoretical class sessions. • Two days' confined water training. • Three qualifying dives at Miracle Waters. • Two qualifying dives at Malongane. • Hard gear rental for the duration of the course (Cylinder, BC and regulator). • Soft gear rental for the duration of the course. • The provision of the air fills. 	<ul style="list-style-type: none"> • Weights • Entrance fees at Miracle Waters and a swimming pool (if needed) • Food and beverages • Transport costs to and from the locations • Reef tax of R25 at Malongane. • Staff tips of R10 per dive at Malongane
OPEN WATER DIVING COURSE (FORR SPECIAL)		
(SOFT GEAR PURCHASE INCLUDED IN PRICE)		
Cost	Included	Excluded
R4 200	<ul style="list-style-type: none"> • Three theoretical class sessions • Two days' confined water training. • Three qualifying dives at Miracle Waters. • Two qualifying dives at Malongane. • Hard gear rental for the duration of the course (Cylinder, BC and regulator). • Soft gear that you can keep. • The provision of air fills. 	<ul style="list-style-type: none"> • Weights • Entrance fees at Miracle Waters and a swimming pool (if needed) • Food and beverages • Transport costs to and from the locations • Reef tax of R25 at Malongane • Staff tips of R10 per dive at Malongane

ADVANCED DIVING COURSE

(OPEN WATER COURSE A PREREQUISITE)

Cost	Included	Excluded
R1 800	<ul style="list-style-type: none">Theoretical class sessionsThree qualifying dives at Miracle Waters.Three qualifying dives at Malongane.	<ul style="list-style-type: none">All gearWeightsEntrance fees at Miracle WatersAir fills at Miracle WatersFood and beveragesTransport costs to and from the locationsReef tax of R25 at MalonganeStaff tips of R10 per dive at Malongane

GEAR

WHAT IS SOFT GEAR?

This is the more personal equipment that you will wear as a scuba diver. This includes:

- Fins
- Booties
- Wetsuit



- Weightbelt
- Mask
- Snorkel



Please note that all of this gear is the gear that you purchase (and thus becomes your property) when you opt for the FORR special.

WHAT IS HARD GEAR?

We do not recommend that you purchase hard gear at this stage. The hard gear will be provided for the duration of your course, but thereafter it can be rented.

Hard gear includes:

- Scuba cylinder. This is the cylinder that is filled with the air that you breathe when you scuba dive.



- Regulator: This device makes the air in your cylinder breathable.



- BC (Buoyancy Compensator): This controls your ascent and descent rates.



THE COURSE

THEORETICAL TRAINING

The following topics will be covered during the theoretical training:

- An Introduction to Scuba Diving
- Diving Equipment
- Diving Skills
- Diving Science
- Diving Tables
- Decompression and Recompression
- Dive planning
- Problem Solving
- The Diving Environment
- Diving Activities

The theoretical classes is normally conducted in three sessions of about three to four hours each, depending on the intricacy of the topic and the speed at which the learners progress. This normally constitute a total of about 12 to 14 hours.

The theoretical knowledge will be tested in a formal, multiple choice test for which a passing grade of 75% is required.

CONFINED WATER SESSIONS

During the practical (confined water) training the following will be covered in six sessions. (Note that the sessions are normally combined into four sessions):

- Session 1 - Swim Evaluation and Introduction to Skindiving Skills
- Session 2 - Skindiving Skills
- Session 3 - Introduction to Scuba Skills
- Session 4 - Scuba and Buoyancy Skills
- Session 5 - Out of Air Situations
- Session 6 - Evaluation of Confined Water Skills

As previously stated, these sessions are normally combined into four sessions that are conducted over a periods of two days in a swimming pool that is suited to the standards of the course and the needs of the learners. This normally constitute a total of about 10 to 12 hours.

OPEN WATER SESSIONS

During the practical (open water) training the following will be covered during five dives:

- Dive 1 - Skin Diving
- Dive 2 - Basic Scuba Skills
- Dive 3 - Buoyancy Control and Rescue of Unconscious Diver
- Dive 4 - Alternate Air Sharing Skills
- Dive 5 - Navigation and Ascent Training

These dives are conducted over a period of two days at an open water site that is suitable according to the standards that must be achieved and to the needs of the learners. This normally constitutes a total of 12 to 14 hours.

We will conduct the first three dives at Miracle Waters, which is situated near Brits and for which a map and directions will be provided. The last two dives will be at Malongane during the Acoustic FORR Festival.

COURSE DATES

	Activity	Date
1	Theoretical training	9 March 2009 @ 18h00
2	Theoretical training	10 March 2009 @ 18h00
3	Theoretical training	11 March 2009 @ 18h00
4	Confined water training at De Jongh Swimming Pool	14 March 2009 @ 9h00
5	Open water training at Miracle Waters	15 March 2009 @ 9h00
6	Test	17 March 2009 @ 18h00

IN GENERAL

OUR EXPERIENCE

Since 2006, we have been training scuba divers with great success. The objective of our training programme is to train responsible scuba divers and promote safety in scuba diving by thorough education, both theoretical and practical.

We have provided scuba training to hundreds of learners in a wide variety of situations and circumstances and on various levels of expertise.

We are also in the unique situation that we have access to **two qualified medical doctors who have specialised in the field of diving medicine** and who will be on hand to provide assistance in the unlikely situation where their expertise will be required.

Furthermore, we are ably assisted by other divers with a wealth of experience to ensure that we provide a safe and enjoyable experience to all our learners.

It should be noted that we as NAUI Instructors only qualify student after having conducted at least five Open Water dives, in contrast with some other Institutions which require less dives for qualification. We feel that the extra experience is invaluable when training scuba divers to ensure a safe and enjoyable experience for them.

AGE LIMITS

It should be noted that the minimum age for the Scuba Diver is 15 years of age.

- If the person is 10-14 years of age, the following applies:
- The diver qualifies as a Junior Scuba Diver.
- The parent or guardian and Junior diver agree that the diver will dive with a certified adult (18 years of age) diver of the parent or guardian's selection.
- The parent or guardian and Junior diver agree that the Junior diver will limit diving depth to 18m or less.
- By signing the Junior certification card, the parent or guardian agrees to be responsible for the selection of the certified adult buddy and the limitation of diving depth.
- To remove the Junior card's conditional requirements, a new card must be requested by an active-status NAUI Instructor, parent or legal guardian once the Junior attains the age required for full certification. "Junior" divers may directly request a NAUI full certification in the event that they have reached the age of majority.

INDEMNITY AND MEDICAL SCREENING

Any activity detailed above is subject to an indemnity and a medical evaluation form being completed and signed by the learner, or where the learner is a minor, by his/her parent or guardian.

INSTRUCTOR CONTACT DETAILS

Please do not hesitate to contact us if there are any further queries at the following:

Annie: 083 228 3561 or annaliec@gmail.com

Dick: 083 747 8567 or dickventer@webmail.co.za